



come together

\* OCTOBER 11 TO 28 SCHEDULE \*

REGISTER by sms ONLY (whatsapp or email will not be recorded)

For am classes register the night before

For pm classes register the same day

Please follow this format > John Doe 6pm <

Read our full registration guidelines on [unionsquareyogabeirut.com](http://unionsquareyogabeirut.com)

THU OCT 11	6:30 - 8:00pm	Spice Flow Vinyasa	Amelia Charles <sup>SUB</sup>	03 974 810
FRI OCT 12	6:30 - 8:00pm	Yin Yang	Amelia Charles	71 134 855
SAT OCT 13	10:00 - 12:00pm	Therapeutic Yoga	Yalda Younes	03 862 362
SUN OCT 14	7:00 - 8:30pm	Weekend Wind Down	Maysan Marouf	03 974 810
MON OCT 15	7:00 - 8:30pm	Spice Flow Vinyasa	Amelia Charles <sup>SUB</sup>	03 974 810
TUE OCT 16	6:00 - 7:30pm	Ashtanga Yoga	Naqiya Ebrahim	76 036 467
	8:00 - 9:30pm	Back to Basics	Amelia Charles	71 134 855
WED OCT 17	10:00 - 11:00am	Morning Glory	Catherine Chidiac	03 707 765
	6:30 - 8:00pm	Honey Flow Vinyasa	Naqiya Ebrahim <sup>SUB</sup>	03 974 810
THU OCT 18	6:30 - 8:00pm	Spice Flow Vinyasa	Naqiya Ebrahim <sup>SUB</sup>	03 974 810
FRI OCT 19	6:30 - 8:00pm	Yin Yang	Amelia Charles	71 134 855
SUN OCT 21	7:00 - 8:30pm	Weekend Wind Down	Maysan Marouf	03 974 810
MON OCT 22	7:00 - 8:30pm	Spice Flow Vinyasa	Maysan Marouf <sup>SUB</sup>	03 974 810
TUE OCT 23	6:00 - 7:30pm	Ashtanga Yoga	Naqiya Ebrahim	76 036 467
WED OCT 24	10:00 - 11:00am	Morning Glory	Catherine Chidiac	03 707 765
	6:30 - 8:00pm	Honey Flow Vinyasa	Naqiya Ebrahim	03 974 810
THU OCT 25	6:30 - 8:00pm	Spice Flow Vinyasa	Maysan Marouf <sup>SUB</sup>	03 974 810
FRI OCT 26	6:30 - 8:00pm	Yin Yang	Maysan Marouf <sup>SUB</sup>	03 974 810
SUN OCT 28	7:00 - 8:30pm	Weekend Wind Down	Maysan Marouf	03 974 810

